



Extra food assistance during COVID-19

CalFresh helps individuals and families purchase healthy food by providing a monthly stipend on an EBT card which can be used in grocery stores and at some farmers market.

Get CalFresh - Quick and Simple!

You can apply in as little as 10 minutes! Go to **GetCalFresh.org** to fill out an application, or call **1-877-847-3663** to get connected to your local county office.

More CalFresh on your EBT card in April & May

If you get CalFresh, you may get extra CalFresh benefits on your EBT card to help buy food during the COVID-19 pandemic crisis in April and May.

If you got CalFresh in March or will get it in April and are not already getting the maximum for your household size, you will get extra benefits up to the maximum.


You don't need to fill out extra paper work. The extra CalFresh will be added to your EBT card and you'll be able to use it just like regular CalFresh.

Other Assistance Available

For a complete list of Food Distributions Locations, Food Pantries, and Meal Sites near you, visit the Food Bank's Online Food Locator:

<https://www.slofoodbank.org/food-locator/>

For a list of additional local resources and up-to-date information, please visit: **www.readyslo.org**

	
Household Size	Maximum CalFresh
1	\$194
2	\$355
3	\$509
4	\$646
5	\$768
6	\$921
7	\$1,018
8	\$1,164
Each add'l member	+\$146

For additional questions, call your local DSS office:

Paso Robles: 805-237-3110 | Atascadero: 805-461-6000 | San Luis Obispo: 805-781-1600
 Morro Bay: 805-772-6405 | Arroyo Grande: 805-474-2000 | Nipomo: 805-931-1800